



YFL Youth Summer Camp 2008
Braeburn Lake Camp, Braeburn Yukon
June 22-25, 2008

Welcome parents/guardians;

We've put together these helpful details about camp this year. Please call YFL at 667-6676 if you need any more information or have questions.

Getting to Camp

Parents/Guardians are required to drop off their children at the camp on Sunday and pick them up on Wednesday.

Campers need to arrive at Braeburn Lake Camp in Braeburn by 5:00 p.m. on Sunday, June 22 2008.

On Wednesday June 25 when picking up their children, parents/guardians can spend as much time at camp, but please plan to leave no later than 3:00 p.m.

Camp Location and Facilities

The camp is held at Braeburn Lake Camp, which is about 100 kilometers outside of Whitehorse, YT.

Campers will share cabins, boys and girls separate with counselors staying in the cabins. Campers must bring a sleeping bag, personal clothing and their own plate, cup and knife-fork-spoon. Please see a complete list on the next page, "What to pack."

Camp Program

This year's camp program includes swimming and canoeing, group scavenger hunt, crafts and games. We will also spend some time learning about health and safety. Programs are taught and supervised by union volunteers.

Helping Hands

Every morning after breakfast, campers are expected to help in a short general camp clean up, then are given time to put their own supplies in order. Duties include setting and clearing tables, dish-washing and picking up litter.

About Homesickness

Almost everyone has felt homesick at some time. Remember that there's a good side to homesickness, too: It means you have family and friends worth missing and a place you want to return to when your adventure away from home is over. Some people may only feel a little loneliness, sadness, or anxiety. Others may feel physical symptoms, like stomach-ache or headache. Most of the time, once the new surroundings and people become more familiar, feelings of homesickness go away.

Staying active and having fun at camp can help, so can bringing something familiar from home. And remember, like learning anything new, you'll get better at it each time you do it.

Discipline

It is important to us that campers exhibit responsible and safe behavior during their stay at camp. In some cases, where behavior becomes detrimental to other campers or him/herself, we may ask the parent/guardian to remove a camper from camp.

Telephone Calls

There is a phone available for campers at all times, but we do not encourage calls (except in extenuating circumstances), because we find campers enjoy themselves more if they jump in and fully participate in camp activities.

In Case of Emergency or Illness

There will be a camp medic, trained in first aid at the camp. In the event of a serious injury or visit to the hospital, we will accompany your child at all times, and we will contact you as soon as possible.

**Emergency contact: Alex Furlong
(867) 333-9887**